

Floor Mounted Double Ballet Bars

This is our newest addition to the ballet and stretch bar line. Ideal for installation in front of windows and mirrors. A sturdy non-adjustable double floor mounted unit. The top bar is at 42" and the lower bar at 32" from the floor. Finished with a new, improved gray powder coating for lasting durability. Same installation as the adjustable single unit. Standard unit comes with two eleven foot rails and three uprights. Custom units also available in oak and poplar.



Installation Instructions

Your Floor Mounted Double Ballet bar has the ability to be installed in two ways. The unit may be installed to wood flooring or wood flooring with a concrete anchor.

Installation #1 – Screw the upright to a wood floor.

Installation #2 – Anchor the upright in concrete under the flooring and screw the base plate to the wood flooring.

If you do not expect abusive use of the unit or do not have concrete under the wood flooring, use installation procedure #1. For heavy duty installations you may anchor into the concrete and then screw the base plate to the wood flooring as in installation #2. It is recommended that you use a professional contractor for this installation.

BALLET BAR WILL CONSIST OF THE FOLLOWING

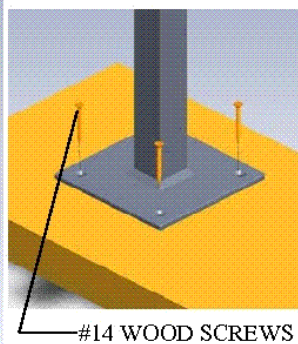
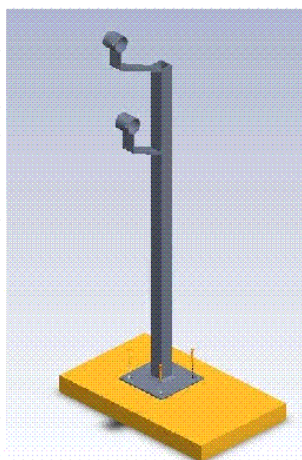
(The Amount Listed is per Upright)

1. One upright
2. Four #10 x 3/4" tapping screws
3. Four #14 x 2" flat head tapping screw
4. One 1/2"-13 x length hex head screw (for installation #2)
5. One 1/2" lock washer (for installation #2)
6. One 1/2" drop-in anchor (for installation #2)
7. One drop-in plastic cap

TOOLS REQUIRED

1. 5/32" Drill bit
2. 1/8" Drill bit
3. 1/4" Hex Key
4. 1" to 1 1/2" Wood drill bit (Installation #2 only)
5. Masonry hammer drill (Installation #2 only)
6. 5/8" Masonry drill bit (Installation #2 only)
7. One anchor setting tool (Enclosed for installation #2 only)
8. 3/4" Socket and Extension Rod 30" available from Gibson if Necessary (Install #2)

FLOOR MOUNTED DOUBLE BALLET BAR INSTALLATION TO WOOD FLOORING, INSTALLATION #1 (Without Concrete Anchor)

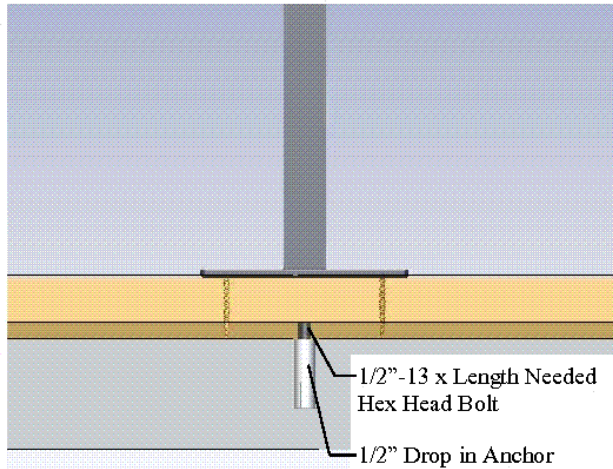


1. Place a line on the floor for the location of the ballet bar unit. Lay the rails on the line. The distance between uprights is determined by the length of the ballet bar sections. Allow min. of 1 inch to max. of 1 foot of rail to extend past the end of the last uprights. The ends do not have dowel screws or holes in the end. Mark the position of the uprights on the floor using the sections of the rails as guides.
2. When the uprights are properly aligned and in place, mark the holes on the floor through the base plate. Drill the holes in the wood flooring with a 5/32" drill bit. Use the #14 Wood screws to install the upright. As you tighten the screws – make sure the upright stays vertical by using a bubble level. Shim if necessary using thin washers.
3. You may now permanently install the rails into the collars. Drill the holes with the 1/8" bit in the rails through the holes in the collars. Make sure the rail joints are in the center of the collar. Use the #10 x 3/4" tapping screws.

****IMPORTANT****

**BALLET BARS SHOULD BE USED FOR SUPPORT ONLY.
DO NOT HANG ON THE BAR**

FLOOR MOUNTED DOUBLE BALLET BAR INSTALLATION TO WOOD FLOORING
CONCRETE ANCHORAGE
INSTALLATION #2



1. Place a line on the floor for the location of the ballet bar unit. Lay the rails on the line. The distance between uprights is determined by the length of the ballet bar sections. Allow min. of 1 inch to max. of 1 foot of rail to extend past the end of the last uprights. The ends do not have dowel screws or holes in the end. Mark the position of the uprights on the floor using the sections of the rails as guides.

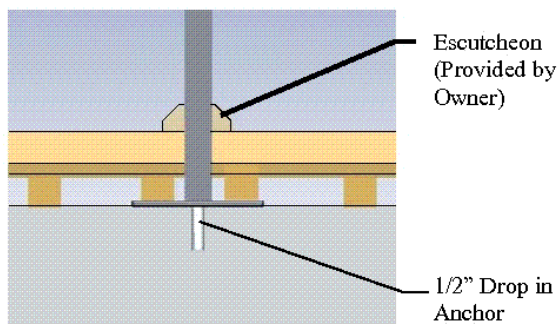
2. Drill a 1" to 1 1/2" hole through the wood floor at the centerline.

3. Use the 5/8" masonry bit to drill a hole in the concrete. Drill to a depth of 2" into the concrete. Make sure this hole is on the centerline (center of the hole). Blow the hole clean with a rubber bulb, vacuum or air hose. Insert the anchor, threaded end up, into the hole, flush with top of concrete. Drive the setting tool into the anchor with a hammer until the setting tool shoulder meets the top of the anchor.

4. To install the uprights into the floor anchor, you must first place the hex head screw through the hole in the base plate on the upright from the inside. To do this, place the lock washer on the 1/2" hex head screw. Turn the Grey upright, base up (upside down), and insert the bolt through the tube and hole using the 3/4" socket and extension rod. Leave the socket /extension rod in place and position the upright over the anchor, inserting the bolt into the anchor. Recheck alignment! Tighten the bolt. Do not exceed a maximum of 20 lbs. torque.

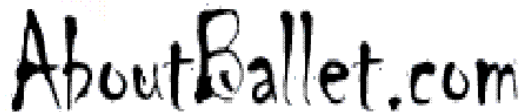
5. Follow items 2 and 3 on Installation #1 to complete installation.

Optional Installation



****IMPORTANT****

**BALLET BARS SHOULD BE USED FOR SUPPORT ONLY.
DO NOT HANG ON THE BAR**



MODEL # MS-04422

Floor Mounted Double Ballet Bars

****IMPORTANT****

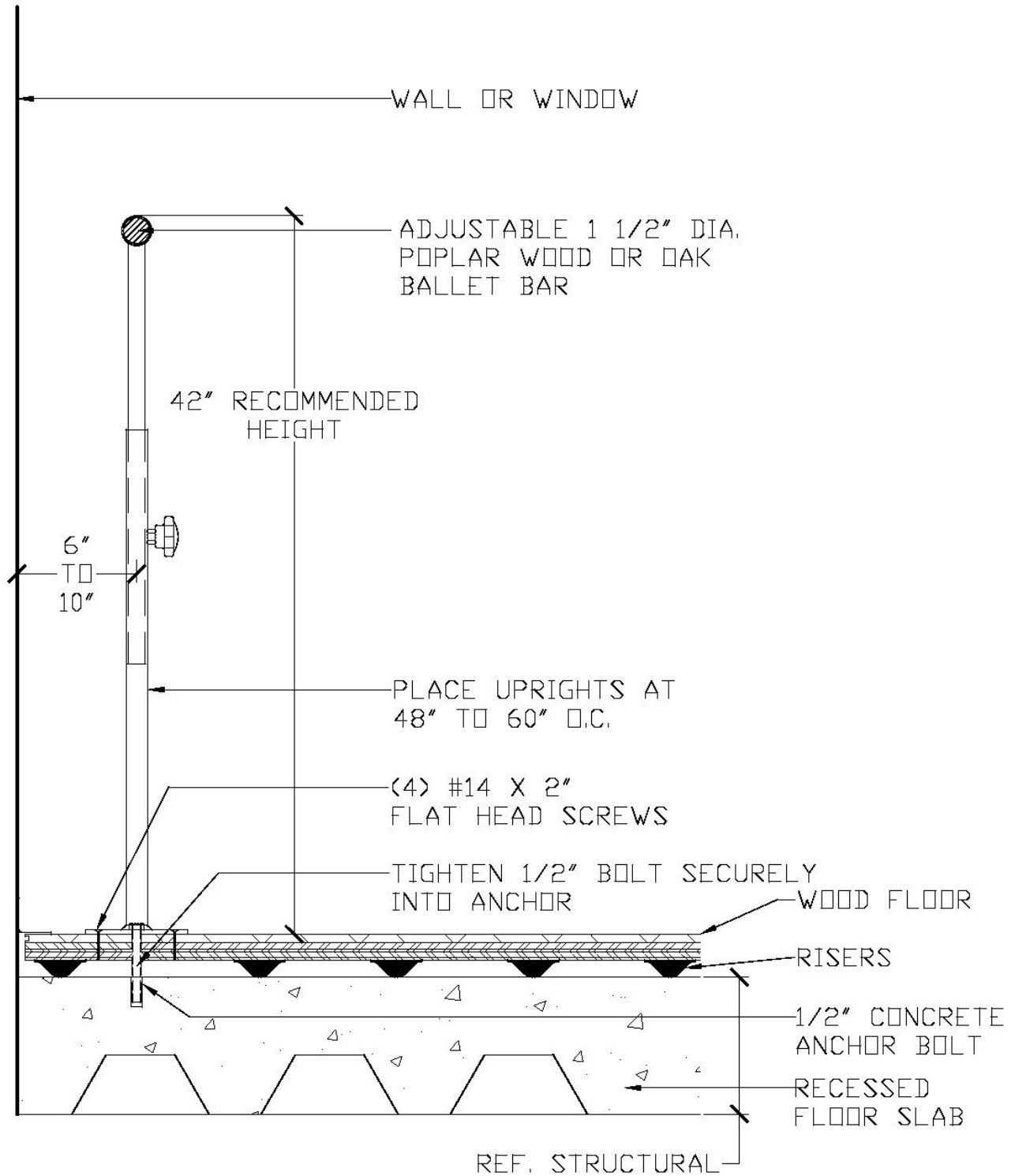
This unit is designed to aid in balance during dance and stretch exercises. ***DO NOT HANG OR SWING ON THIS EQUIPMENT!!!*** Severe injury may occur.

WARNING:

Because of the nature of the sport, the possibility of injury is inherent in gymnastics. The equipment is intended for use only by properly trained and qualified participants under supervised conditions. When you use our products, know your limitations and the limitations of your equipment. Keep your equipment in good condition by inspecting for loose fittings or damage and test for stability before each use.

GUARANTEE

equipment is guaranteed for a period of one year from date of invoice against faulty manufacturing or defects in material. The seller's sole obligation under this warranty shall be to repair or, at its options, replace at its expense any defective part or parts. Material claimed defective must be returned prepaid to us for examination, if requested. Damage caused by extreme usage will not be covered as it does not constitute defective material or faulty workmanship.



- ADJ. OR DOUBLE BALLET BAR DETAIL
- SCALE: 1 1/2" = 1'-0"

#MS-02211 / #MS-04422